## **Article Submisssion Check List**

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Pl make sure to go through the check list & submit all relevant documents;

- -Cover letter signed by all authors (see authors guidelines-manuscript submission from www.podj.com.pk)
- -Ethical committee report of the Institution.
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- -Pl write page numbers.
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- -Follow PODJ articles format strictly (pl see articles published in last issue )
- -Authors contributions on last page of the article after references.
- -Pl write brief legend of the figures below the figure.

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-References preferably should be new (from last 5 years)

References should be written in Vancouver style.

-Figs / graphs are published in Black / white mostly.

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